

# PESS+ ISSUES!

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July 2024  
Volume 10, Issue 2



PESS+ ISSUES! is a newsletter on research, teaching, and services in Physical Education and Sports Science (PESS)

A Very Warm Welcome to Honored Guests from Singapore, Taiwan, Korean, and China



Dr Nick Aplin (Deputy Director, Sport Heritage, Sport Singapore) presented to Associate Professor Adrian Kee (Head PESS) a book entitled "Sport in Singapore: Vision for Change" authored by Dr Aplin.



A delegation from Korea Baekseok University, Yeungnam University, Korea National Sport University, Chung Cheong University and Daegu Haany University visited PESS in February 2024.



A very wonderful welcome (January 2024) to guests from National Cheng Kung University (Institute of Physical Education, Health & Leisure Studies, College of Management) in Taiwan.



Honoured guests from the National Taiwan Normal University led by Professor Chin-Pin Lin, Chairman for Department of Physical Education and Sport Sciences at National Taiwan Normal University in Taiwan.



A very warm welcome to Guangzhou Sport University international delegation team. The University is the only sport university in South China that offers both undergraduate and postgraduate programmes in over 20 sports related disciplines.

Recent Happenings!



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Recent Happenings!



Dr. Tommy Ng recently returned from an academic trip to China (7-21 June 2024), where he made significant contributions at two institutions. At South China Normal University, Dr Ng delivered guest lectures on motor control and learning, sparking discussions with students and faculty. He then presented his research on human pose estimation in Physical Education at Shaanxi University of Science and Technology, fostering idea exchanges and potential future collaborations.



Assoc Prof Swarup Mukherjee successfully completed one of the most challenging high-altitude mountain treks (Renjo La - 5,388m, Cho La - 5,380m, and Kongma La - 5,540m) in the world and the trek to Everest Base Camp (5,364m) and Kala Patthar (5,550m).

People

➤ Appointment

Assoc Prof Govindasamy Balasekaran

- Fellow, European College of Sports Science (FECSS) and Fellow, American College of Sports Medicine (FACSM) (First in Singapore and maybe Asia to achieve both renowned fellows)
- President, Asian Council of Exercise & Sports Science, with effect 2024 - 2026
- Editor-in-Chief, *Physical Activity*, Official Journal of Asian Society Kinesiology with effect

Assoc Prof Koh Koon Teck

- Principal, Singapore Olympic Academy
- Master Thesis Advisory Committee Member, Ottawa University, Canada

Asst Prof John Komar

- Member, AI and Automation Steering Committee with effect from 2024 to 2027

Asst Prof Luis Calmeiro

- Review Board Member, International Journal of Public Health

CONGRATULATIONS!

**ASSOC PROF  
GOVINDASAMY  
BALASEKARAN**

Physical Education & Sports  
Science Academic Group

**EUROPEAN COLLEGE OF  
SPORTS SCIENCE (ECSS)  
FELLOWSHIP**

In addition to his existing fellowship with the American College of Sports Medicine (ACSM) in 2009



## ➤ Appointments [Cont.]

### Dr Chung Ho Jin

- Advisory board member, Korean Sport Committee (S)
- Journal editorial board member, Physical Activity with effect from 2024 to 2026

## ➤ Media Appearance

### Assoc Prof Govindasamy Balasekaran

- Feature on European College of Sports Science (ECSS) as FECSS  
<https://www.facebook.com/ECSSOfficial/videos/407861778236878>
- Interview on Mongolia's national TV, TenGer TV, on implementing technology in physical education  
<https://fb.watch/sF44-op5mP/>
- Multiple appearances in Chinese media outlets - Dahe Daily Kaifeng News (<https://bbs.dahe.cn/m/detail/1652731/Q>), Henan Daily Rural Edition ([https://www.toutiao.com/article/7381290966755426835?&source=m\\_redirect](https://www.toutiao.com/article/7381290966755426835?&source=m_redirect)), Henan University (<http://tyxy.henu.edu.cn/info/1198/6322.htm>)
- Video interview with Henan University on sports, exercise and leading a healthy lifestyle  
<https://www.facebook.com/reel/467960742655097>

### Dr Chung Ho Jin

- Interview conducted on March 6, 2024, by Seoul Shinmun on the topic of why there is less infringement on the authority of teachers in Singapore. Additionally, it mentions that the interview was featured on YouTube.  
<https://youtu.be/Fog-MqG9EXo?si=iglFKMz2SHI5FTun>

### Asst Prof John Komar

- Feature on Channel News Asia as part of a documentary series on AI applications in the society – Becoming Human  
<https://www.youtube.com/watch?v=ZjjCQW9ysr8&t=1303s>

## ➤ Contribution to Community

### Prof Michael Chia

- International external examiner for PhD thesis in physical education for University of Malaya.

## Contribution to Community [Cont.]

- International reviewer for Hong Kong Research Grants Council.
- International external examiner for confirmation of PhD proposal from Mahidol University, Thailand.

### Assoc Prof Govindasamy Balasekaran

- Serving as a consultant for the research project associated with utilising OMNI Rate of Perceived Exertion Color-Face Scale on Obese Students, collaborating with Hillgrove Secondary School.
- Co-Chairman, Organising Committee, 10th Asia Pacific Conference of Exercise & Sports Science (APCESS), Kaifeng, China 2024

### Assoc Prof Koh Koon Teck

- Editor, Proceedings of the 10th International Conference on Movement, Health and Exercise: MoHE 2024, Subang Jaya, Selangor, Malaysia.
- Scientific Committee Member, 10th Movement, Health and Exercise Conference & 14th Asia Conference of Kinesiology and Sport Science.
- Scientific Review Committee Member, 10th ASEAN Council of Physical Education and Sport Conference 2024

### Dr Chung Ho Jin

- Serving as a consultant for the research project associated with the redevelopment of the old Jeju sports complex funded by Jeju Provincial Council
- Collaborating with Huamin Primary School and Tasek Academy and Social Services for teaching PE and sports.

### Asst Prof Luis Calmeiro

- External examiner for PhD dissertation for Putra Malaysia University.
- Chair of the Scientific Committee for the XVI ISSP World Congress in Sport Psychology bid.

### Dr Jernice Tan

- MOE SPED PE Curriculum Advisory Group

## ➤ Mentoring

### Prof Michael Chia

- Student visiting scholar Dan Li (Hunan University) for research in 24-hr activity guidelines in early childhood.



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## People

### ➤ Mentoring [Cont.]

#### Prof Michael Chia [Cont.]

- NTU Student Khoo Jun Wei for research data visualization of IISAAAR data.
- NUS student Chong Shin Ee for research on forest school intervention in children from families with less resources.
- Dr Benny Loo, KK Hospital for fitness vs fatness in paediatric populations.
- Chessa Snacez Pituk for Increasing PA through PE in ASEAN+ countries.
- Dr Chen Mei Yuan, East China Normal University for PhD in an exploratory study of interventions for symptoms of ADHD in Chinese children.

#### Assoc Prof Koh Koon Teck

- Visiting graduate scholar Guo Ming Ming from Eastern China Normal University, published two Tier 1 peer-review journal papers, and successfully completed his PhD studies and graduated in May 2024.
- A master student, Ashley from the University of Ottawa

#### Dr Chung Ho Jin

- PESS and SSM Alumni, Mohammad Sufri (PhD student), Sheikh Omar (PE teacher at Yisun Primary School), and Ang Han Teng (Policy Office - High Performance Sports at SportSG)

#### Asst Prof Phillis Teng

- NTU Talent Outreach - Nanyang Research Programme for JC students

### ➤ Guest Lectures

- Kong, P. W. (2024, May). Sensors for measuring foot biomechanics. Loughborough University, UK.
- Koh, K. T. (2024, February). Coaching redefined: Prioritizing values and life skills development in sport and physical education. Bangkok, Thailand.
- Koh, K. T. (2024, February). Effective and holistic coaching strategies. Bangkok, Thailand.
- Koh, K. T. (2024, March). A call for a re-examination of coaching and assessment of values and life skills development in sport and physical education. Taipei, Taiwan.
- Koh, K. T. (2024, March). Effective coaching: Reflection on strategies and approaches. Taipei, Taiwan.

### ➤ Guest Lectures [Cont.]

- Koh, K. T. (2024, April). Effective coaching: The power of technology in enhancing coaches' intra-personal knowledge. Montreal, Canada.
- Koh, K. T. (2024, May). The effects of a values and principles in sports coach education course designed to promote values-driven coaching styles. Edinburgh, UK.
- Chung, H. J. (2024, June). Global education trends: Case of Singapore's educational innovation. 2024 Seoul Elementary & Special School Principal Qualification Training, Seoul Metropolitan Office of Education.



## Seminars/Workshops & Guest Lectures

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Seminars/Workshops & Guest Lectures



➤ Seminars

- Koh, K. T. (2024, January). Quality schools sport programme: A proposal. Singapore Schools Sport Council, Singapore.
- Koh, K. T. (2024, January). Rethink how we develop and evaluate the effectiveness of coaching values and life skills through sport. POSEB, Singapore.
- Koh, K. T. (2024, February). Coaching values and life skills through basketball: A pilot FIBA Asia coaching project. Bangkok, Thailand.
- Koh, K. T. (2024, February). Strategies to win grants and publish in high impact factor journals. Bangkok, Thailand.

➤ Workshops

- Chia, M., Khng, F., Chen, C. X., & Chua, T. (2024, May 27). Lifestyle behaviors of primary 5 pupils in Singapore. Skip-Up Teachers Workshop, National Institute of Education, Singapore.
- Chung, H. J. (2024, June). Tips for an effective tennis lesson for a new part-time lecturer. Part-time Lecturer Workshop, National Institute of Education, Singapore.

Prof Michael Chia

- Registered trademark Parent- leave no childhood indoors Questionnaire® in April 2024-2033.
- Registered trademark Teacher- leave no childhood indoors Questionnaire® in April 2024-2033.

Awards

Conference Presentations

- Koivukoski, H., Vehmas, H., Hasanen, E., Tolvanen, A., Chia, M., & Sääkslahti, A. (2024, June). Socioeconomic status and parental concerns on digital media use. *European Association of Sports Sociology 2024 conference*, Madrid, Spain.
- Chan, C. M. J., Müller-Riemenschneider, F., Chia, M. Y. H., Hildon, Z. J.-L., & Chong, M. F.-F. (2024, May). Diet and movement ideation among children: Testing the theory of the PEDAL intervention among primary school children in Singapore. *The International Society of Behavioral Nutrition and Physical Activity (ISBPA) 2024*, Vancouver, Canada.
- Balasekaran, G. (2024, February). Using the OMNI Rate of Perceived Exertion (RPE) Scale to self-regulate exercise intensity to induce cardiovascular and peripheral adaptations during soccer training. Invited speaker *at the 3rd BRICSCESS Conference 2024*, New Delhi, India.
- Koh, K. T. (2024, June). Enhancing youth's mental health and well-being through sport and physical education: A call to rethink coaching approaches. Invited Featured Speaker at *the International Chinese Society of Physical Activities and Health Conference 2024*, Beijing, China.
- Koh, K. T., Teo, W. P., Muhd, S. B. S., Koong, S. X., Shanti, D., Tan, S. H., Tong, C. C., & Chia, C. (2024, June). The effects of an information Communication & Technologies-based intervention programme on students' motivation, and learning outcomes of physical education in Singapore schools. *International Chinese Society for Physical Activities and Health Conference 2024*, Beijing, China.
- Chung, H. J. (2024, May). Tracing the emergence of the Games Concept Approach in the Singapore physical education syllabus: An archaeological analysis. *The 52nd Annual Conference of the North American Society for Sport History (NASSH)*, Denver, United States.

- Loo, B., Toh, S. H., Mohamad, F. B., Zainuddin, M. A., Bakar, M. A. A., Gao, J. S., Teo, J. C., Lim, E. J. K., Tan, B. W. Z., Chia, M. Y. H., Chua, T. B. K., & Tan, K. H. (in press). A pilot online resource for 24-hour activity in children and adolescents – Singapore paediatric activity-related evaluation (SPARE) tool. *JMIR Pediatrics and Parenting*.
- Tay, V. L. L., Chia, M., Lee, M., Wee, J., Malhotra, N., & Suppiah, H. T. (in press). The effects of bright light exposure on shooting performance in high performance youth shooters: A randomised placebo-controlled crossover pilot study. *Pediatric Exercise Science*.
- Gu, Y., Kim, J., Ma, J., Guo, H., Sano, H., Chung, H. J., Chua, T. B. K., Chia, M. Y. H., & Kim, H. (2024). Isotemporal substitution of accelerometer-derived sedentary behavior and physical activity on physical fitness in young children. *Scientific Reports*. <https://doi.org/10.1038/s41598-024-64389-7>
- Liu, J., Sakura, I., Ngo, T. M., Lawate, A., Ong, Q. C. A., Palaiyan, M., Rayhan, J. S., Lwin, M. O., Theng, Y. L., Ho, M.-H. R., Chia, Y. H. M., Bojic, I., & Car, J. (2024). A pilot randomized controlled trial exploring the feasibility and efficacy of a human-AI sleep coaching model for improving sleep among university students. *Digital Health*, 10. <https://doi.org/10.1177/20552076241241244>
- Chan, C. M. J., Müller-Riemenschneider, F., Chia, M. Y. H., Hildon, Z. J.-L., & Chong, M. F.-F. (2024). Promoting healthy diet and active lifestyle (PEDAL): A protocol for the development and feasibility study of a multicomponent intervention among primary school children in Singapore. *Pilot Feasibility Studies*, 10, Article 52. <https://doi.org/10.1186/s40814-024-01479-3>
- Chen, M., Chia, M., Chua, T., Shen, Z., Kang, M., Chen, L., Tong, T., & Wang, X. (2024). Associations between parental educational attainment, children's 24-h behaviors and children's hyperactivity behavior in the COVID-19 pandemic. *Healthcare*, 12(5), Article 516. <https://doi.org/10.3390/healthcare12050516>
- Yeo, P. M. E., Qin, V. M., Ang, C.-S., Chia, M., Ho, R. M.-H., Hau, A., & Car, J. (2024). Prevalence and correlates of depressive symptoms among matriculated university students in Singapore during Covid-19 pandemic: Findings from a repeated cross-sectional analysis. *BMC Public Health*, 24, Article 454. <https://doi.org/10.1186/s12889-024-17866-7>
- Amornsriwatanakul, A., Jalayondeja, C., Wattanapisit, A., Chootong, R., Saovieng, S., Nantabancha, A., Tansathitaya, V., Chua, T., & Chia, M. (2024). Thai preschoolers' movement behaviors outside kindergarten: Prevalence of meeting individual and integrated movement guidelines. *Pediatric Research*. <https://doi.org/10.1038/s41390-023-02989-1>
- Cahyati, W. H., Fauzi, L., Rahayu, T., & Chia, M. Y. H. (2024). The correlation of parental digital media habits with time-spent on digital media among preschool children. *Journal of Nonformal Education*, 10(1), 104–112. <https://doi.org/10.15294/jone.v10i1.1768>
- Aidiel, L., Lim, D. Z. Y., Chow, K. M., Ihsan, M., Chia, M., & Choo, H. C. (2024). Precooling via immersion in CO<sub>2</sub>-enriched water at 25°C decreased core body temperature but did not improve 10-km cycling time trial in the heat. *Temperature*, 11(2), 123–136. <https://doi.org/10.1080/23328940.2024.2302772>
- Wang, J., Teo, W. P., Burns, S. F., Chung, H. J., Chian, L. K., Sumarta, T. T., Muhkerjee, S., Tan, Y. J., & Gooley, J. (2024). Trends of physical activity and sedentary behaviours among secondary school students in Singapore: What has changed in fifteen years?. *International Journal of Sport and Exercise Psychology*. <https://doi.org/10.1080/1612197X.2024.2332292>
- Balasekaran G., Boey, P., & Ng, Y. C. (2023). Best research practices in physical education, physical activities and sport among Singaporean children and youths. In B. Antala, J. Labudov, A. Kaplnov, J. V. Heel, D. Novak, & X. Wang (Eds.), *Game in physical education, physical activities and sport of children and youth: Researches – best practices – situation* (pp. 45-56). Slovak Scientific Society for Physical Education and Sport.



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## Publication [Cont.]

- Astuti, Y., Bakhtiar, S., Orhan, B. E., Amsari, D., Balasekaran, G., & Nemeth, Z. (2024). The influence of mental training and playing circuit-based training program on student volleyball learning outcomes. *International Journal of Human Movement and Sports Sciences*, 12(1), 99-105.  
<https://doi.org/10.13189/saj.2024.120112>
- Balasekaran, G., Cheo, N. Y., Jamaludin, T. I. B., & Boey, P. (2024). Resilience in the face of adversity: Examining the effects of COVID-19 on physical activity and the sporting industry in Singapore. In *Sports sponsorship and branding* (pp. 287-306). UK: Routledge.
- Kong, P. W., & Ma, C. M. S. (2024). Assessing table tennis technical proficiency in individuals with disabilities: A scoping review. *Applied Sciences*, 14, Article 4815.  
<https://doi.org/10.3390/app14114815>
- Kong, P. W., Koh, A. H., Ho, M. Y. M., Iskandar, M. N. S., & Lim, C. X. E. (2024). Effectiveness of a passive military exoskeleton in off-loading weight during static and dynamic load carriage: A randomised cross-over study. *Applied Ergonomics*, 119, Article 104293.  
<https://doi.org/10.1016/j.apergo.2024.104293>
- Koh, K. T., Komar, J., Newsman, T., & Tan, Z. (in press). The effects of a values and principles in sports coach education course designed to promote values-driven coaching styles. *International Journal of Sports Science & Coaching*.
- Guo, M. M., Koh, K. T., & Wang, X. Z. (2024). The effects of covid-19 on the physical activity and recreational screen time among Chinese children and adolescents. *Journal of Exercise Science & Fitness*, 22(4), 288-296.  
<https://doi.org/10.1016/j.jesf.2024.04.002>
- Guo, M. M., Koh, K. T., & Wang, X. Z. (2024). Trends of physical activity and recreational screen time among Chinese children and adolescents: A national study from 2017 to 2019. *BMC Public Health*, 24(1), 1395.  
<https://link.springer.com/article/10.1186>
- Cho, H., Chian, L. K., Koh, K. T., & Lee, Y. H. (2024). Development and validation of an attitude measure in open water activities. *Leisure Sciences*, 1-21.  
<https://doi.org/10.1080/01490400.2024.2373420>
- Koh, K. T., Ito, S., Tan, L. Q. W., & Sarodo, M. (2024). Coach education system in Asia. In S. Rynne & C. Mallett (Eds.), *Handbook of coach development in sport*. UK: Routledge.
- Zheng, J., Oh, T., Dickson, G., Hedlund, D., Zhong, T., & De Bosscher, V. (2024). Market share instability and market concentration: A sport/discipline-specific study of the Summer Olympic Games 1992-2020. *Sage Open*, 14(2), 1-17.  
<https://doi.org/10.1177/21582440241244972>
- Zheng, J., Latififard, M., Yazdi, H., & Dickson, G. (2024). Exploring the impact of chance events on the competitive advantage of nations: An elite sport perspective. *International Journal of Sport Policy and Politics*, 1-14.  
<https://doi.org/10.1080/19406940.2024.2339828>
- Zheng, J., Wu, W., Lau, W. C., & Zhen, C. (2024). The concept of 'policy windows' in elite sport development: Positive events and spatial domains of policy windows. *Sport in Society: Cultures, Commerce, Media, Politics*, 27(4), 639-660.  
<https://doi.org/10.1080/17430437.2023.2271412>
- Kinoshita, K., Nakagawa, K., & Sato, S. (2024). Watching sport enhances well-being: Evidence from a multi-method approach. *Sport Management Review*, 1-25.  
<https://doi.org/10.1080/14413523.2024.2329831>
- Yang, Y., Gray, E., Kinoshita, K., & MacIntosh, E. (2024). Reframing the service environment in collegiate sport: A transformative sport service research approach. *Journal of Intercollegiate Sport*, 17(1), 123-146.  
<https://doi.org/10.17161/jis.v17i1>
- Kinoshita, K., Usami, S., & Matsuoka, H. (2024). Perceived event impacts of the Tokyo 2020 Olympic Games on residents' eudaimonic well-being: A longitudinal study of within-person changes and relationships. *Sport Management Review*, 27(3), 455-479.  
<https://doi.org/10.1080/14413523.2023.2300160>



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Publication [Cont.]

- Tavares, A., Carolino, E., Teques, P., Calmeiro, L., & Serpa, S. (2024). Protective factors of performance-enhancing substance use in gym-goers. *Frontiers in Psychology*, 15, 1357566.  
<https://doi.org/10.3389/fpsyg.2024.1357566>
- Amoroso, J. P., Coelho, L., Boulton, R. A., González-Toro, C. M., Costa, F., Christodoulides, E., Cools, W., Dudley, D., Moore Jr., J. E., Furtado, G. E., Cheng, M.-Y., & Calmeiro, L. (2024). Assessing ethical behavior and self-control in elite ultimate championships: A cross-sectional study using the spirit of the game scoring system. *Frontiers in Sport and Active Living*, 6, 1297821.  
<https://doi.org/10.3389/fspor.2024.1297821>
- Naderi, A., Rahimi, M., Zarghami, S. Y., Tranaeus, U., & Calmeiro, L. (2024). Psychosocial factors associated with lower extremity re-injury risk in soccer players: The contribution of self-confidence, functional attention and re-injury anxiety. *Journal of Athletic Training*.  
<https://doi.org/10.4085/1062-6050-0434.23>
- Naderi, A., Alizadeh, N., Calmeiro L., & Degens, H. (2024). Predictors of running-related injury among recreational runners: A prospective cohort study of the role of perfectionism, mental toughness, and passion in running. *Sports Health*.  
<https://doi.org/10.1177/1941738123122347>  
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Keynote Addresses

- Balasekaran, G. (2024, May 18). Worldwide and Singapore: Post-pandemic effects of COVID-19 in the sports industry and physical activity among adults. *The International Conference of Sport, Leisure and Hospitality Management (ICSLHM)*, Taipei, Taiwan.
- Balasekaran, G. (2024, May 27). New innovations and sustainability in physical culture, physical education, physical activity and sports. *Physical Culture and Sport - Sustainable Development*, Mongolia.
- Balasekaran, G. (2024, June 4). New technological innovations in physical education, physical activity and sports for children, obese and high-performance athletes. *The 1st International Conference on Sports and Physical Education (ICSPE)*, Sri Lanka.
- Balasekaran, G. (2024, June 16). Enhancement of human performance for sports improvement. Is it possible through various ergogenic aids? *The 10th Asia Pacific Conference for Exercise & Sports Science (APCESS) 2024*, Kaifeng, China.
- Chung, H. J. (2024, February 22). Unveiling the Vision 2030 Recharged: Reimagining the landscape of sports in Singapore. *The 2024 Annual General Meeting of the Korean Sport Committee (S)*, Singapore.

Grants

Prof Michael Chia

- ERFP Tier 2 Grant (PI) - Leave No Child Indoors: Impact of Play Environments on the Physical and Socio-Emotional Development of Preschool Children and Children from Families with Less-abundant Resources in Singapore (in-principle approval) (\$354,328, Jun 2024 - Nov 2026)

Assoc Prof Govindasamy Balasekaran

- NIE Academic Research Fund (AcRF) (PI) - Investigating physiological response and recovery patterns in athletes with SCI through the integration of digital twins and non-invasive wearables (\$47,900, May 2024 - May 2026)

Asst Prof Phillis Teng

- MOE Academic Research Tier 1 Grant (PI) - Proof-of-Concept Mechanical Footwear Development for Early Knee Osteoarthritis Intervention (\$160,000, Mar 2024 - Feb 2026)

Asst Prof Keita Kinoshita

- AcRF Grant - The influence of engaging in nature-based physical activity on minimalist and true-to-self consumption through eudaimonic well-being (\$100,000, Apr 2024 - Mar 2027)

Asst Prof Luis Calmeiro

- SUG - An exploration of mental health literacy in sport coaches (\$48,200, May 2024 - April 2026)

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Professional Publication

- Chung, H. J. (2024, March 6). If there had been two form teachers in each class, the Seo2 Elementary School incident might have been preventable. The Seoul Shinmun.
- Chung, H. J. (2024, March 7). Children with ADHD symptoms should be observed by clinical psychologists at school [Mind Report F - Rescue the child right now]. The Seoul Shinmun.
- Chung, H. J. (2024, March 8). If there is an issue at school, parents can intervene, ensuring that teacher protection rights are protected when they actively participate as partners [Mind Report F - Rescue the child right now]. The Seoul Shinmun.



Nur Aini Mohamad Yasli is a Singaporean para powerlifter known for her tagline "Life is short, so am I." She shared her inspiring sports journey during a guest lecture. Students gained insights into physical disabilities and learned strategies for interacting with persons with disabilities (PWDs).



The SSM students enrolled in the "Physical Activity for Special Populations" module received top-notch instruction from the experts in wheelchair rugby.

Events



MSc ESS students in the "Trends and Issues in PE and Sports (MES914)" course visited Matchpoint Inc. at Marina Square, the first virtual tennis simulator in Singapore.



A learning journey to PESS was arranged for the PE Department at Nanyang Girls' High School (NGHS) to enrich their knowledge and stay updated on the latest research in physical education and sports science.



Let's congratulate all the graduating students in the recent Teachers' Investiture Ceremony and convocation, including SSM, MSc, PhD!

Chair, PESS Newsletter  
Dr Chung Ho Jin [hojin.chung@nie.edu.sg](mailto:hojin.chung@nie.edu.sg)  
Editorial Team Samantha Tang, Erny Yunelis  
Noorman, Marshall Lee