

LEE KONG CHIAN SCHOOL OF MEDICINE

AY2025-26 Academic Calendar

Topic		Run Date	Lecturer	
MD6002 Sports Injuries I				
2.1	Fundamentals of sports medicine (pathophysiology, diagnosis, investigation)	21 Jul 2025 – 27 July 2025	Adj Assoc Prof Kelvin Chew	kelvin.chew.t.l@singhealth.com.sg
2.2	The foot, ankle and leg	28 Jul 2025 – 3 Aug 2025	Adj Assoc Prof Wong Yue Shuen	yueshuen@gmail.com
2.3	The knee	4 Aug 2025 – 10 Aug 2025	Adj Asst Prof Ivy Lim Adj Asst Prof Lim Ang Tee	ivy.lim@singhealth.com.sg lim.ang.tee@singhealth.com.sg
2.4	The hip, groin and pelvis	11 Aug 2025 – 17 Aug 2025	Dr Joshua Li Zhongyi	Joshua.li@singhealth.com.sg
	Reading Week	18 Aug 2025 – 22 Aug 2025		
	Course Assessment (Main)	23 Aug 2025, Saturday, 3:00pm - 4:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	13 Sep 2025, Saturday, 3:00pm - 4:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
MD6003 Sports Injuries II				
3.1	The lumbar spine	1 Sep 2025 – 7 Sep 2025	Adj Assoc Prof Wong Yue Shuen	yueshuen@gmail.com
3.2	The shoulder	8 Sep 2025 – 14 Sep 2025	Adj Assoc Prof Wong Yue Shuen	yueshuen@gmail.com
3.3	The elbow, wrist and hand	15 Sep 2025 – 21 Sep 2025	Dr Lim Baoying	baoying_lim@cgh.com.sg

3.4	The cervical spine and concussion in sports	22 Sep 2025 – 28 Sep 2025	Dr Victor Tan Dr Mandy Zhang	victor.tan.a.k@singhealth.com.sg mandy.zhang.j@singhealth.com.sg
	Reading Week	29 Sep 2025 – 3 Oct 2025		
	Course Assessment (Main)	4 Oct 2025, Saturday, 12:30pm - 1:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	<u>Workshop</u> Physical examination techniques	4 Oct 2025, Saturday, 2:00pm – 6:00pm, Communication Suite, Level 6, Clinical Sciences Building (CSB), LKCMedicine Novena Campus, (Seminar Room 5-1 from 11am to 5pm)	Dr Victor Tan	victor.tan.a.k@singhealth.com.sg
	Course Assessment (Supplementary)	25 Oct 2025, Saturday, 3:00pm - 4:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
20 hours Clinical Attachment		3 Nov 2025 – 30 Apr 2025, Sports Medicine Centre/Clinic at CGH, TTSH or KTPH		
MD6004 Medical Considerations in Exercise and Sports				
4.1	Risks and benefits of physical activity and exercise	13 Oct 2025 – 19 Oct 2025	Adj Assoc Prof Benedict Tan	benedict.tan.c.l@singhealth.com.sg
4.2	Pre-participation screening	20 Oct 2025 – 26 Oct 2025	Adj Asst Prof Lim Ang Tee	lim.ang.tee@singhealth.com.sg
4.3	Clinical Exercise Testing and Cardiovascular Screening Tests	27 Oct 2025 – 2 Nov 2025	Adj Assoc Prof Anna Tong Khim Leng Dr Chai Hui Zhong	tong.khim.leng@singhealth.com.sg chai.hui.zhong@singhealth.com.sg
4.4	Exercise Prescription for Health and Common Chronic Disease	3 Nov 2025 – 9 Nov 2025	Dr Ng Chung Sien	chung_sien_ng@cgh.com.sg
	Reading Week	10 Nov 2025 – 14 Nov 2025		
	Course Assessment (Main)	15 Nov 2025, Saturday, 3:00pm - 4:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	6 Dec 2025, Saturday, 3:00pm - 4:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		

MD6005 Exercise in Special Populations				
5.1a	Injuries in the child and adolescent athlete	24 Nov 2025 – 30 Nov 2025	Dr Mohammad Ashik Zainuddin	mohammad.ashik.zainuddin@singhealth.com.sg
5.1b	Exercise in the elderly	1 Dec 2025 – 7 Dec 2025	Ms Teresa Wong	tsmwong@icloud.com
5.2	Exercise in the female athlete and pregnancy	8 Dec 2025 – 14 Dec 2025	Mr Micheal Lim Adj Asst Prof Ivy Lim	micheal.lim@hey.com ivy.lim@singhealth.com.sg
Break		15 Dec 2025 – 4 Jan 2026		
5.3	Exercise in people with disability	5 Jan 2026 – 11 Jan 2026	Adj Assoc Prof Cindy Lin	cinders358@gmail.com
5.4	Injuries in the military population	12 Jan 2026 – 18 Jan 2026	Dr Suriya Prakaash	suriya_prakaash@defence.gov.sg
	Reading Week	19 Jan 2026 – 23 Jan 2026		
	Course Assessment (Main)	24 Jan 2026, Saturday, 12:30pm - 1:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	<u>Workshop</u> Exercise Prescription Practicum	24 Jan 2026, Saturday, 2:00pm – 6:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB) LKCMedicine Novena Campus	Dr Ng Chung Sien	chung_sien_ng@cgh.com.sg
	Course Assessment (Supplementary)	14 Feb 2026, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	<u>Workshop</u> Exercise in Medicine (EIM) Workshop	28 Feb 2026, Saturday, 1:30pm – 5:30pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Ng Chung Sien	chung_sien_ng@cgh.com.sg

MD6001 Principles of Sports and Exercise Medicine				
1.1	Cardiorespiratory response to exercise	2 Feb 2026 – 8 Feb 2026	Dr Frankie Tan	frankietina@gmail.com
1.2	The effects of exercise on the musculoskeletal system	9 Feb 2026 – 15 Feb 2026	Dr Edwin Chong	chong_edwin@defence.gov.sg
Chinese New Year (17 Feb – 18 Feb)		16 Feb 2026 – 22 Feb 2026		
1.3	Biomechanics of walking, running, swimming, throwing and racquet sports	23 Feb 2026 – 1 Mar 2026	Dr John Tan	john.tan@nie.edu.sg
1.4	Principles of Injury prevention and rehabilitation	2 Mar 2026 – 8 Mar 2026	Ms Adele Ang	adeleang@gmail.com
	Reading Week	9 Mar 2026 – 13 Mar 2026		
	Course Assessment (Main)	14 Mar 2026, Saturday, 3:00pm - 4:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Course Assessment (Supplementary)	4 Apr 2026, Saturday, 3:00pm - 4:00pm, Seminar Room 5-1, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
MD6006 Thermal Stress, Drug Use in Sports, Sports Nutrition and Event Medical Cover				
6.1	Exercise in extreme environments and thermal injuries	23 Mar 2026 – 29 Mar 2026	Dr Fabian Lim	fabianlim@ntu.edu.sg
6.2	Doping in sports and the WADA code	30 Mar 2026 – 5 Apr 2026	Dr Teoh Chin Sim	teoh.chin.sim@ktph.com.sg
6.3	Principles of sports nutrition	6 Apr 2026 – 12 Apr 2026	Dr Fabian Lim Dr Koh Han Chow	fabianlim@ntu.edu.sg
6.4	Travelling with a team and event medical cover	13 Apr 2026 – 19 Apr 2026	Adj Assoc Prof Kelvin Chew	kelvin.chew.t.l@singhealth.com.sg
	Reading Week	20 Apr 2026 – 24 Apr 2026		
	Course Assessment (Main)	2 May 2026, Saturday, 12:30pm - 1:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	<u>Workshop</u> Physiological testing - lecture & demonstration Performance testing for sports performance	2 May 2026, Saturday, 2:00pm – 5:00pm, Communication Suite, Level 6, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Fabian Lim	fabianlim@ntu.edu.sg

	Course Assessment (Supplementary)	16 May 2026, Saturday, 3:00pm - 4:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
Summary Training				
Day 01	OSCE Briefing	29 May 2026, Friday, 8:30am - 9.30am, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		
	Podiatry Workshop	29 May 2026, Friday, 9:45am - 10:45am, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Mr Tye Lee Tze	tyeletze@yahoo.com.sg
	Radiological investigations	29 May 2026, Friday, 11:00am - 1:00pm, Seminar Room 7-1, Level 7, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Chong Le Roy	le_roy_chong@cgh.com.sg
	Principles of rehabilitation - lecture & practicum	29 May 2026, Friday, 2:00pm - 6:00pm, Learning Studio, Communication Suite, Level 6, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Ms Suelyn Chan / Dr Elaine Gomez	elaine_gomez@cgh.com.sg suelyn_chan@cgh.com.sg
Day 02	Pitch–Side Medical Cover (Part I)	30 May 2026, Saturday, 8.30am - 12:00pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus	Dr Xu Cunzhi	cunzhi_xu@cgh.com.sg
	Pitch–Side Medical Cover (Part II)	30 May 2026, Saturday, 1:00pm - 5:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus		

Final Examination		
1	Written Paper (MCQ)	20 Jun 2026, Saturday, 3:00pm – 5:30pm, Learning Studio, Level 5, LKCMedicine Novena Campus
2	Written Paper (MCQ) – Supplementary Paper	11 Jul 2026, Saturday, 3:00pm – 5:30pm, Learning Studio, Level 5, Clinical Sciences Building (CSB), LKCMedicine Novena Campus
3	Objective Structured Clinical Examination (OSCE)	18 Jul 2026, Saturday, 8:00am – 1:30pm (Timing subject to changes), Communication Suite, Level 6, LKCMedicine Novena Campus

Information provided above is correct at the point of publishing and is subjected to changes.

Important Notes

1. All the modules are conducted online and are available at the start of the programme.
2. The main and supplementary course assessments (MCQ), workshops, summary training, OSCE and Final Examination Written Paper (MCQ) are conducted in-person on LKCMedicine Novena Campus.
3. The format of the course assessment is a 20-MCQ paper comprises of single best answer (SBA) questions.
4. There are two course assessment attempts for each module, i.e. main and supplementary course assessments. Students do not have to attempt two course assessments for each module. The supplementary course assessment is for students who did not manage to obtain a pass grade for the main course assessment.
5. The supplementary course assessment is not meant for students to be excused from the main course assessment as it is designed primarily for those who did not pass the main course assessment, to have a second chance at it. The supplementary course assessment is only open for those who are not able to attend the main assessment due to unforeseen circumstances.

Student who did not attend the main course assessment would only have one attempt at the course assessment for the affected modules. Any student who is not successful in obtaining a pass grade for the supplementary course assessment of any of the six online courses, would have to retake the course assessment for the specific course(s) with the subsequent cohort a year later.

The student will continue with the remaining components of the GDSM programme in the current intake, except for the Summary Training and the Final Examination (OSCE and Written Paper) which they will participate with the subsequent intake.

6. The format of the Final Examination Written Paper is a 50-MCQ paper comprises of single best answer (SBA) questions.
7. There is only one attempt each for the OSCE. Any student who is not successful in obtaining a pass grade for the OSCE, would have to retake the OSCE with the subsequent cohort a year later.