Nanyang Technological University North Hill Gym Rules

1. Terms and Conditions

The following terms and conditions (the Nanyang Technological University North Hill Gym Rules) govern the rights and obligation of Nanyang Technological University (NTU) Sports & Recreational Centre (S&RCtr) and NTU North Hill Gym members (Members) thereof.

2. The Gym

The NTU North Hill Gym (Gym) is operated by S&RCtr. S&RCtr has appointed a Management team (Management) who are responsible for the operation of the Gym in accordance with these Rules as amended from time to time.

3. Membership

- a) Membership to Gym is opened only to fully registered students, faculty and staff (Staff) of NTU who have attained a minimum age of 18 years. The Gym facilities are not open to outsiders and non-members except persons permitted by S&RCtr.
- b) All membership is for a period of one year.
- c) Membership of Staff Member who leave service and Student who are no longer a registered student of NTU, regardless of reason, will auto terminate with immediate effect.
- d) Membership is subject to the Rules of the Gym which may be amended by S&RCtr at any time.
- e) S&RCtr reserves the right to reject an application for Membership to the Gym for any reason whatsoever.
- f) Membership is personal to the Member and is non-assignable, non-transferable and non-refundable. A Member may not loan his/her Membership card to permit it to be used by anyone.
- g) The S&RCtr may assign the benefit of these agreements to any person, firm or company at any time without notice to the Members.
- h) Upon acceptance, the Member's student/staff smart card will be the Membership card and shall be entitled to access to the Gym. If it is lost or mislaid, students may apply for a replacement on StudentLink and staff with NSS-HR.
- i) Membership Fees
- I) Fully registered students of NTU have free Membership
- II) Staff of NTU have free Membership
- III) S&RCtr reserves the right to introduce and vary the prices and categories of Memberships at any time.
- j) Admission is strictly by Membership card via gantry.

4. Limitation of Liability

- In consideration for the S&RCtr accepting his/her application for Membership of the Gym, and for he/she becoming and remaining Member of the Gym, the Member agrees that:
- I) Neither S&RCtr, Management, its associated companies, employees or agents shall be responsible for any claims, demands, injuries, damages, or actions for negligence arising on account of death or due to injury, loss, damage or theft to a member's person or property arising out of, or in connection with the use by a Member of any of the services, facilities or premises of the Gym. The Member hereby holds S&RCtr, Management, its associated companies, employees and agents harmless from all claims which may be brought against them by or on a Member's behalf for any such injuries or claims afore said.

5. Physical Condition of Member

a) The Member warrants and represents that he/she is in good physical condition and that he/she knows of no medical or other reason why he or she is not capable of engaging in active or passive exercise and that such exercise would not be detrimental to his/her health, safety, comfort or physical condition.

6. Expulsion of Members

- a) S&RCtr may terminate the Membership of any Member:
- I) Without notice and with immediate effect if the Member's conduct, whether or not such conduct is the subject of complaint by other Member, is such that in the reasonable opinion of the Management, it may be detrimental to the interests of the Gym.
- II) Without notice and with immediate effect if the Member shall have committed any breach of these Terms and Conditions or of the Rules and Regulations of the Gym
- b) A Member whose Membership is terminated by the Management shall forfeit all the privileges of Membership with immediate effect without claim.

8. Gymnasium

a) Members must be dressed in proper sports attire. Jeans, bermudas pants, demin and working pants are not allowed. A top is required that covers the chest area, no torn clothing items are permitted. Athletics shoes to be worn at all times at the work out area, with exception when kicking the heavy bag and during dance classes under the supervision of class instructor. Flip-flops, slippers, sandals, moccasins and working shoes are not allowed.

- b) No food or drink is allowed at the work out area, with the exception of water and sports drink in a capped plastic bottle.
- c) Members are requested to adhere to all rules or warning signs placed in the Gym.
- d) Members breaking or damaging equipment, property or facilities wilfully or through misuse shall bear the full cost of replacing the damaged property.
- e) For hygiene purpose, Members must have personal towel and wipe padded areas after use.
- f) Members should be considerate of others and not dominate specific equipment when the gym may be busy.
- g) Members using free weights and accessories must return all items to their proper racks.
- h) Do not use make shift pins, nails, etc. on weight machines. Use all machines and equipment for their intended purpose only.
- i) Relocating weights, machines, dumbbells or barbells is prohibited.
- j) Report all malfunctions, or misuse/abuse to Management on duty.
- k) Management are authorized to stop anyone from exercising if he/she is judged unsafe. Members must abide by the instructions of the Management.

9. Lockers

- a) One-time day use electronic self-service keypad lockers are available free of charge, on a first come, first serve basis. Overnight storage is strictly disallowed. Items left in locker will be disposed after 2 days.
- b) Being a one-time locker, once you have stored your belongings, you have to remove all your belonging the next time you open it. Once you close after re-opening, the password will be reset.
- c) S&RCtr/Management accepts no responsibility for loss or damage to members' locker contents for any reason whatsoever.

10. Others

- a) S&RCtr reserves the right to use any individual or group photographs of Members for press or promotional purposes.
- b) S&RCtr reserves the right to adjust the Gym operating hours for the purpose of cleaning, decorating, repairs or for special private functions. The management shall endeavor to give reasonable notice of any lengthening or shortening of such hours.
- c) Smoking is not permitted in any part of the Gym.
- d) These Rules shall be governed and constructed in accordance with the laws of Singapore and subjected to the jurisdiction of Singapore.